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After going on several big trips together as a couple, Robin Lachhein and Judith Schneider, both from Frankfurt, Germany,

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wanted to do something extra special for their next vacation. They talked ...

Meet the couple who travel the world recreating movie scenes

Before we dive into the action from the 2021 Four Wheeler Overland Adventure, here is a look at the 20 participants selected to join the expedition. The 2021 Four Wheeler Overland Adventure was ...

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Participants!

This bottle is for the ultimate girly girl who loves getting ... as they were popularized by great beauties of the past such as Marilyn Monroe when she famously claimed the designer's #5 perfume ...

20 best fragrances for women to help you smell lovely all year

They played Mulan's best friends and supporters who helped her get through her journey in both the live-action and the animated versions. Each character had a

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distinct personality revealed through ...

'Mulan' fights a battle with viewers
The birds have been reported in Monroe,
Clark, Jefferson, LaGrange and Lake counties.
The department is working with the Indiana
Animal Disease Diagnostic Laboratory and the
U.S. Geological ...

DNR investigating reports of sick, dying
songbirds in Lake County
The Academy of Motion Picture Arts and

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Sciences has invited 395 new members into its ranks, with stars such as Janet Jackson, Robert Pattinson and H.E.R. among the lot of prospective voters.

Academy of Motion Picture Arts and Sciences issues 395 new membership invitations

“Having done that is great, but that was never the ultimate goal. The ultimate goal is to go out and be an Olympic gold medalist.”

Dake became a world champion twice at the non-Olympic weight ...

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U.S. wrestler Kyle Dake finally has chance at Olympic gold

SAN DIEGO (AP) — The opening tee shot was frightening, and the three straight three-putts maddening. Matthew Wolff had no idea how things would play out Thursday in a roller coaster of a round ...

Column: For Wolff, being happy is the ultimate goal

“We ask our guys to always continue to play and that was probably the ultimate example,”

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Indians manager Terry Francona said. "Those are hard games to win but we're one hit away from maybe ...

Pirates snap 10-game skid, hold on to beat Indians 11-10

Robin Lachhein and Judith Schneider, both from Frankfurt, Germany, travel the world recreating movie scenes. After going on several big trips together as a couple, Robin Lachhein and Judith ...

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In 1958, a successful businessman named Robert Mornroe began to have experiences that drastically altered his life. Unpredictably, and without his willing it, Monroe found himself leaving his physical body to travel via a "second body" to locales far removed from the physical and spiritual realities of his life. He was inhabiting a place unbounded by life or death. Monroe recorded these experiences in two bestselling, landmark books, Journeys Out of the Body and Far Journeys. Ultimate Journey, his final and career-defining work, takes us further than we thought possible—and reveals to us what it

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all means. Ultimate Journey charts that area which lies "over the edge," beyond the limits of the physical world. It presents us with a map of the "interstate"—the route that opens to us when we leave our physical lives, with their entry and exit ramps, their signposts and their hazards. It also tells us how Monroe found the route and travelled it, and uncovered the reason and the purpose of this pioneering expedition. It is a journey that reveals basic truths about the meaning and purpose of life—and of what lies beyond.

The author of *Far Journeys* explores the world

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that transcends the boundaries of the physical world and explains how a journey to these transcendent realities reveals basic truths about the meaning and purpose of life and what lies beyond.

The author recounts his out-of-body experiences, describes how they have changed his outlook on life, and discusses contacts with disembodied intelligences

The definitive work on the extraordinary phenomenon of out-of-body experiences, by the founder of the internationally known Monroe

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Institute. Robert Monroe, a Virginia businessman, began to have experiences that drastically altered his life. Unpredictably, and without his willing it, Monroe found himself leaving his physical body to travel via a "second body" to locales far removed from the physical and spiritual realities of his life. He was inhabiting a place unbound by time or death. Praise for Journeys Out of the Body "Monroe's account of his travels, Journeys Out of the Body, jam-packed with parasitic goblins and dead humans, astral sex, scary trips into mind-boggling other dimensions, and practical tips on how to get

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out of your body, all told with wry humor, quickly became a cult sensation with its publication in 1971, and has been through many printings. Whatever their 'real' explanation, Monroe's trips made for splendid reading." -Michael Hutchinson, author of Megabrain "Robert Monroe's experiences are probably the most intriguing of any person's of our time, with the possible exception of Carlos Castaneda's." -Joseph Chilton Pierce, author of Magical Child "This book is by a person who's clearly a sensible man and who's trying to tell it like it is. No ego trips. Just a solid citizen who's been 'out' a

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thousand times now and wants to pass his experiences to others." —The Last Whole Earth Catalog

The sequel to Monroe's Journey Out Of The Body is an amazing parapsychological odyssey that reflects a decade of research into the psychic realm beyond the known dimensions of physical reality.

In 1971 Doubleday published a book called Journeys Out of the Body, a Virginia businessman's memoir of his weird and wonderful adventures on other planes of

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reality. That book, which has sold more than a million copies, and that man, Robert Monroe, helped cement the concept of astral travel into the American psyche and made the "out-of-body experience" a household word. Monroe not only helped others understand this state of being, but through his research on binaural beats and his development of the technology known as Hemi-Sync, he made the OBE accessible through programs at The Monroe Institute, which is attended by thousands of people each year. However, Monroe made consciousness research more than an esoteric thrill ride. He put his technology to

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practical use by creating frequencies that have helped people with everything from meditation and learning, to insomnia, quitting smoking, and pain control.

"The phrase 'out-of-body experience' is widely used today because of Robert Monroe's courage to publicly recount his own experiences back in the 1970s. This compelling biography delves into the private world of Robert Monroe, the pioneer of consciousnessresearch, tracing his journey from a New York radio engineer to the founding of The Monroe Institute"--Provided

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by publisher.

Explorers are known for the journeys they take. Rosie McKnight explored the vast nonphysical dimensions of consciousness. With famed out-of-body researcher Robert Monroe, she helped to further the understanding of human consciousness, and to demonstrate beyond doubt that we are more than our physical bodies. Many of these pioneering sessions are presented here almost word for word, as they were taped, along with her warm and inspiring observations of Bob Monroe and the early days of The Monroe Institute (TMI).

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Here are explorations of non-human energy systems, interactions with highly evolved beings, concepts about the makeup of the many levels of the universe, views of the afterlife and the animal dimensions, the nature of healing and guidance, a look at the future, and much more. Here is the pursuit of the true meaning of science fearlessly mapping wherever the inquisitive mind takes us. Through the courage of Rosie McKnight and other explorers at TMI, we are given, as Laurie Monroe writes in her introduction, "a clarity of perception and a sense of the greatness that is beyond our everyday life."

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Robert Monroe was a successful and distinguished business executive and noted pioneer in the investigation of human consciousness. He also invented Hemi-Sync(r) and founded The Monroe Institute(r), a worldwide organization dedicated to expanding human potential. I AM MORE THAN MY PHYSICAL BODY: 100 ROTES from Robert A. Monroe is a celebration of his life and work, and offers a very current message for humankind in the twenty-first century. It is a collection of 100 thought-provoking, inspirational quotes from his three best selling, landmark books-

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JOURNEYS OUT OF THE BODY, FAR JOURNEYS and ULTIMATE JOURNEY—which are available wherever books are sold. Andrea Berger is a long-time consciousness explorer and a trainer at The Monroe Institute. She lovingly helped birth this book in celebration of Bob Monroe's 100th birthday and twentieth anniversary since his transition.

From an "unstoppable" man who overcame severe disabilities comes 50 motivational, encouraging insights on how to enjoy a life without limits that's full of faith, hope, and service.

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