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wherever we happen to be stationed--carrying on, however, without imagining that the  
burden of the world, or even of the next moment, is ours. It is a philosophy not of nihilism  
but of the reality of the present--always remembering that to be of the present is to be, and  
candidly know ourselves to be, on the crest of a breaking wave."

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The author suggests that insecurity is, paradoxically, the result of trying to be secure, and that salvation can only be found by recognizing that there is no way of saving ourselves.

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The Wisdom of Insecurity underlines the importance of our search for stability in an age where human life seems particularly vulnerable and uncertain. Watts argues our insecurity is the consequence of trying to be secure and that, ironically, salvation and sanity lie in the recognition that we have no way of saving ourselves.

The Wisdom of Insecurity - Alan Watts (Complete Book)

The Wisdom of Insecurity is a classic book which draws on Watts ' extensive experience both in Eastern philosophy (he was almost a Zen monk) and Western religion (he was an ordained Anglican priest). As such it represents his views, rather than any particular orthodoxy.

Book Review: The Wisdom of Insecurity | Scott H Young

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His legacy lives on in *The Wisdom of Insecurity*, a work that energetically displays Watts ' s piercing intellect, razor-sharp wit, and winning grace. For the clarity and wisdom with which it engages timeless concerns crucial to us all, it is unmatched. An important book. ” —Greg Mortenson, author of *Three Cups of Tea*

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*The Wisdom Of Insecurity* Summary - Four Minute Books

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unless you are in full contact with the reality of the present, since it is in the present and only in the present that you live. There is no other reality than present reality, so that, even if one were to live for endless ages, to live for the future would be to miss the point everlastingly. ” .

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recognition that we have no way of saving ourselves.

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